

Medications Used to Treat Type 2 Diabetes

This handout shows the different medications that your healthcare provider may prescribe to treat your type 2 diabetes, and where and how these medications work in your body to lower blood glucose.

Type 2 diabetes medications are taken orally (by mouth), by injection (inserted into the fat under your skin), or inhaled (breathed in).

Oral

Alpha-glucosidase inhibitors (acarbose, miglitol)

Help to slow down the breakdown of starches (such as bread and potatoes) and certain types of sugar (such as table sugar) from your food in your **intestines**: this slows down increases in blood glucose.

Biguanide (metformin)

Helps to decrease the amount of glucose made by your **liver**

Helps to improve the way that insulin works in your muscles: if your muscles are more sensitive to insulin, it is easier for insulin to bring glucose from your blood into your muscles where glucose can be used for energy

DPP-4 inhibitors

(alogliptin, linagliptin, saxagliptin, sitagliptin)

Help your pancreas to make more insulin: insulin helps to lower blood glusoce

Help to decrease the amount of glucose made by your liver

Dopamine receptor agonist (bromocriptine mesylate)

The mechanism by which dopamine receptor agonists improve blood sugar is unknown

Meglitinides (nateglinide, repaglinide)

Help your pancreas to make more insulin: insulin helps to lower blod glucose

SGLT2 inhibitors (canagliflozin, dapagliflozin, empagliflozin)

Help to stop glucose from being reabsorbed into your kidneys. The kidneys help to remove glucose from your blood. In people with type 2 diabetes, the kidneys can hold on to glucose which can cause blood glucose levels to increase.

Sulfonylureas (glimepiride, glipizide, gliburide)

Helps your pancreas to make more insulin: insulin helps to lower blood glucose

Thiazolidinediones (pioglitazone, rosiglitazone)

Helps to decrease the amount of glucose made by your **liver**

Help to improve the way that insulin works in your muscles and fat: if your muscles are more sensitive to insulin, it is easier for insulin to bring glucose from your blood into your muscles and fat where glucose can be used for energy

Injectable

Amylin mimetic (pramlintide)

Helps to decrease the amount of glucose made by your liver.

Helps to slow down the breakdown of foods in your **stomach** and **intestines**: this slows down increases in blood glucose

GLP-1 receptor agonists (albighutide, dulaghutide, exenatide, liraghutide)

Help your pancreas to make more insulin: insulin helps to lower blood glucose

Help to decrease the amount of glucose made by your liver

Helps to slow down the breakdown of foods in your **stomach** and **intestines**: this slows down increases in blood glucose

Fat Tissue

Muscle

Kidneys

Liver

Insulins (aspart, detemir, glargine, glulisine, human, lispro)

Replace the insulin made naturally by your body in your pancreas

Help to decrease the amount of glucose made by your **liver**

Help to move glucose from the bloodstream into your **muscles** and **fat** where glucose is used for energy

Some insulin is inhaled-See pg. 2

Stomach

Pancreas

Intestines

Descriptions are provided for informational purposes only. Consult full manufacturer's prescribing information for drug's uses, actions, and side effects. The medications discussed are approved for use in the United States by the U.S. Food and Drug Administration (FDA) unless otherwise noted. Consult individual manufacturer's prescribing information for approved uses outside the United States.

REFERENCES

ADA. Other injectable medications. Available at:

http://www.diabetes.org/living-with-diabetes/treatment-and-care/medication/insulin/other-injectable-medications.html. ADA.
What are my options? Available at: http://www.diabetes.org/living-with-diabetes/treatment-and-care/medication/oral-medications/what-are-my-options.html. Inzucchi SE, et al. Diabetes Care. 2012;35(6):1364-1379.
Mayo Clinic. Diabetes treatment: medications for type 2 diabetes. Available at: http://www.mayoclinic.com/health/diabetes-treatment/DA00089.

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For more information, talk to your healthcare provider







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Oral	Injectable
Alpha-glucosidase inhibitors (acarbose, miglitol) Available as Glyset* (miglitol); PRECOSE* (acarbose)	Amylin mimetic (pramlintide) Available as SYMLIN* (pramlintide)
Biguanide (metformin) Available as Fortamet*, GLUCOPHAGE*, GLUCOPHAGE* XR, Glumetza*, Riomet* (metformin) Combination products: ACTOplus met*, ACTOplus met* XR (pioglitazone and metformin); Avandamet* (rosiglitazone and metformin); GLUCOVANCE* (gliburide and metformin); Janumet*, Janumet XR* (metformin and sitagliptin); Jentadueto* (linagliptin and metformin); KAZANO* (alogliptin and metformin); KOMBIGLYZE™ XR (saxagliptin and metformin); METAGLIP™ (glipizide and metformin); PrandiMet* (metformin and repaglinide); XIGDUO™ XR (dapagliflozin and metformin)	Glucagon-like peptide-1 (GLP-1) receptor agonists (albiglutide, dulaglutide, exenatide, liraglutide) Available as BYDUREON TM (extended-release exenatide); BYETTA* (regular exenatide); TANZEUM TM (albiglutide); TRULICITY TM (dulaglutide); Victoza* (liraglutide)
Dipeptidyl peptidase-4 (DPP-4) inhibitors (alogliptin, linagliptin, saxagliptin, sitagliptin) Available as Januvia* (sitagliptin); NESINA* (alogliptin); Onglyza* (saxagliptin); Tradjenta TM (linagliptin) Combination products: Janumet*, Janumet XR* (metformin and sitagliptin); Jentadueto* (linagliptin and metformin); Juvisync TM (sitagliptin and simvastatin); KAZANO* (alogliptin and metformin); KOMBIGLYZE TM XR (saxagliptin and metformin); OSENI* (alogliptin and pioglitazon)	Insulins (aspart, detemir, glargine, glulisine, human, lispro) Available as Apidra* (glulisine); Humalog*, Humalog* Mix50/50 TM , Humalog* Mix75/25 TM (lispro); Humulin* N, Humulin* R, Humulin* 70/30 (human); Lantus* (glargine); Levemir* (detemir); Novolin* N, Novolin* R, Novolin* 70/30 (human); NovoLog*, NovoLog* Mix 70/30 (aspart)
Dopamine receptor agonist (bromocriptine mesylate) Available as CYCLOSET®	Inhaled
Meglitinides (nateglinide, repaglinide) Available as Prandin* (repaglinide); Starlix* (nateglinide) Combination products: PrandiMet* (metformin and repaglinide)	(human) Available as AFREZZA* (insulin human)
Sodium-glucose co-transporter 2 (SGLT2) inhibitors (canagliflozin, dapagliflozin, empagliflozin) Availble as FARXIGA TM (dapagliflozin), INVOKANA TM (canagliflozin), Jardiance [®] (empagliflozin) Combination products: XIGDUO TM XR (dapagliflozin and metformin)	
Sulfonylureas (glimepiride, glipizide, gliburidae) Available as Amaryl* (glimepiride); DiaBeta*, Glynase* PresTab*, or Micronase* (gliburide); Glucotrol*, Glucotrol* XL (glipizide) Combination products: Avandaryl* (glimepiride and rosiglitazone); duetact* (pioglitazone and glimepiride); GLUCOVANCE* (gliburide and metformin); METAGLIPTM (glipizide and metformin)	
Thiazolidinediones (pioglitazone, rosiglitazone) Available as ACTOS* (pioglitazone); Avandia* (rosiglitazone) Combination products: ACTOplus met*, ACTOplus met* XR (pioglitazone and metformin); Avandamet* (rosiglitazone and metformin); Avandaryl* (rosiglitazone and glimepiride); duetact* (pioglitazone and glimepiride); OSENI* (alogliptine and pioglitazone)	

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